

Kindness in the Classroom

A Mini-Guide for Educators

By Randy McNeely – Captain Kindman

Why Kindness in the Classroom Matters

Kindness isn't just a nice add-on — it builds trust, strengthens relationships, and creates a safe space for learning. When students feel valued, appreciated, and supported, they are more engaged, confident, and willing to build and strengthen others.

The ICA Method in Action

Bring kindness to life using the **Identify**, **Clarify**, and **Amplify** method.

IDENTIFY - Notice acts of kindness, big or small, that show value and appreciation for ourselves and others.

Example: A student shares supplies with a peer.

CLARIFY - Call those behaviors out, recognizing the individuals who showed them, and explain why they matter.

Example: "That was kind [insert name] because you helped [insert name] succeed."

AMPLIFY - Encourage repeating and spreading the kindness.

Challenge the class: "Who else can find a way to be kind today?"

3 Practical Strategies for Educators

✅ **Morning Kickoff** – Start each day with a “kindness spotlight” (one student shares something kind they did or noticed).

✅ **Kindness Wall** – Create a space where students can post notes recognizing acts of kindness.

✅ **Kindness Challenge** – Each week, set one kindness mission (e.g., “Thank someone who helps you”).

Conversation Starters

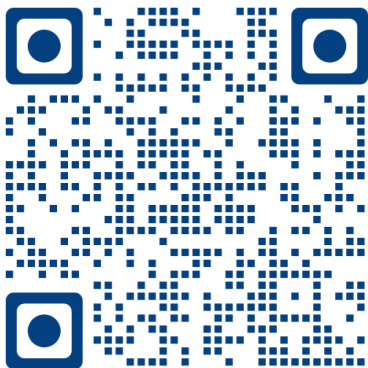
- “What does kindness look like in our classroom?”
 - “How does it feel when someone includes you?”
 - “What’s one small kind act you can do today?”
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Lasting Impact

By weaving kindness into daily routines, you’re not only creating a positive classroom environment — you’re shaping future leaders who see kindness as strength, bravery, and impact.

Captain Kindman’s Reminder

*Every act of kindness
plants a seed. The
more we nurture them,
the stronger our
classroom community*



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